

## November 2018 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> Nov 5th-9th	Chicken Sandwich 1 pkg. Low Fat Mayo Baked Beans Ketchup Apple Slices Low Fat Milk	Teriyaki Meatballs Fried Rice Broccoli and Carrots Oranges Low Fat Milk	Rotini & Meat Sauce Tossed Salad 2- Tablespoons Ranch Dressing Banana Low Fat Milk	Sloppy Joe Nacho with Tortilla Chips Cheese Sauce Mexican Corn Sliced Pineapple	<b>No Classes</b>
<b>WEEK 2</b> Nov. 12 <sup>th</sup> -16 <sup>th</sup>	Mac & Cheese Baby Carrots w/Hummus Green Beans Fruit Salad Low Fat Milk	Chicken Broccoli Bowl California Blend Applesauce Cup Low Fat Milk	Cheese Pizza Tossed Side Salad Sweet Potatoes Ranch Dressing Pears Low Fat Milk	<b>Thanksgiving Lunch- Monell's</b>	Turkey Hotdog on a Bun Sweet Potatoes Peaches 2-Pks Ketchup Low Fat Milk
<b>WEEK 3</b> Nov. 19th-23rd	BBQ Chicken Sandwiches Baked Beans Lemon Broccoli Pineapple Low Fat Milk	Sweet & Sour Drumsticks Brown Rice Broccoli & Glazed Carrots Sliced Apples Low Fat Milk	<b>Thanksgiving</b>	<b>Break</b>	<b>No School</b>
<b>WEEK 4</b> Nov. 26 <sup>th</sup> -30 <sup>th</sup>	Sock-Rock in' Chili Tossed Side Salad Ranch Dressing WG Roll Sliced Peaches Low Fat Milk	Sweet & Sour Chicken Nuggets Rice Broccoli & Glazed Carrots Pineapple Low Fat Milk	Chicken Alfredo Broccoli Twisted Garlic Bread Low Fat Milk	Santa Fe Wrap with Turkey Refried Beans Tortilla Chips w/Salsa Pineapple Low Fat Milk	Fish Sticks Mashed Potatoes Baby Carrots with Ranch 1 pk tartar sauce or ketchup Banana Low Fat Milk
<b>WEEK 5</b> Dec 3 <sup>rd</sup> -7 <sup>th</sup>	Chicken Philly Mixed Vegetables Ranch Dressing Baked Apples Low Fat Milk	Teriyaki Chicken w/ Vegetable Fried Rice Tossed Side Salad Ranch Dressing Oranges Low Fat Milk	Cheese Pizza Salad w/Cherry Tomatoes Ranch Dressing Pears Low Fat Milk	Beef Mac Taco Bake White Beans Tossed Side Salad Ranch Dressing Pineapple Wedges Low Fat Milk	Hamburger with Bun Potato Chips Cole Slaw Banana Low Fat Milk

