

St Pius X Academy October 2018 WEEK MENU CYCLE

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 Oct 1st-5th	Mac & Cheese Baby Carrots w/Hummus Green Beans Fruit Salad Low Fat Milk	Chicken Broccoli Bowl California Blend Applesauce Cup Low Fat Milk	Cheese Pizza Tossed Side Salad Sweet Potatoes Ranch Dressing Pears Low Fat Milk	Beef Soft Taco w/Rice Corn Fiesta Orange Wedges Low Fat Milk	Turkey Hotdog on a Bun Baked Beans Peaches Ketchup Low Fat Milk
WEEK 2 Oct 8 th -12th	Vacation	Vacation	Vacation	Vacation	Vacation
WEEK 3 Oct 15 th -19th	Sock-Rockin' Chili Tossed Side Salad Ranch Dressing WG Roll Sliced Peaches Low Fat Milk	Sweet & Sour Chicken Nuggets Rice Broccoli & Glazed Carrots Grapes Low Fat Milk	Chicken Alfredo w/a Twist Garlic Broccoli Pears Low Fat Milk	Santa Fe Wrap Refried Beans Tortilla Chips w/Salsa Pineapple Low Fat Milk	Fish Sticks Mashed Potatoes Baby Carrots w/Hummus 1 pk tartar sauce or ketchup Banana Low Fat Milk
WEEK 4 Oct. 22 nd -22nd	Chicken Philly Mixed Vegetables Ranch Dressing Baked Apples	Teriyaki Chicken w/ Vegetable Fried Rice Tossed Side Salad Ranch Dressing Mandarin Oranges Low Fat Milk	No Classes	Beef Mac Taco Bake White Beans Tossed Side Salad Ranch Dressing Orange Wedges Low Fat Milk	Potato Cheddar Soup Garlic Bread Pesto Pasta Salad Grapes Low Fat Milk
WEEK 5 Oct 29 th - 31st	Hamburger on a Bun Bag of Chips Baked Beans 2 Ketchup Apple Slices Low Fat Milk	Sweet Sesame Chicken Stir Fry w/Asian Brown Rice California Casserole Mandarin Oranges Low Fat Milk	Cheese Pizza Salad w/Cherry Tomatoes Ranch Dressing Pears Low Fat Milk	Chicken Taco Cowboy Corn Salad Tortilla Peaches Low Fat Milk	Chicken Nuggets w/WG Roll 1oz BBQ Sauce Green Beans & Carrots Pineapple Low Fat Milk